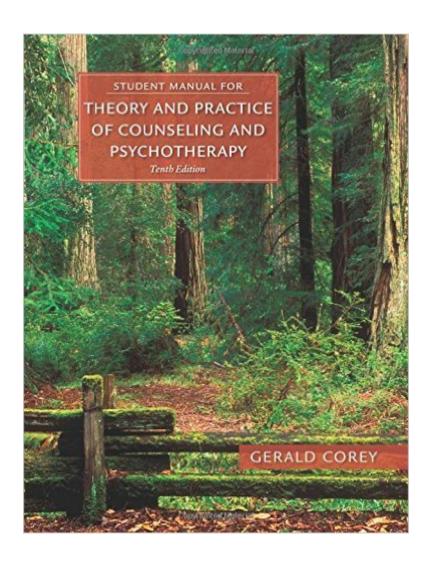
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# SM Theory & Practice Counseling & Psychotherapy





## **Synopsis**

This manual contains structured self-awareness exercises that help you gain a deeper self-understanding and grasp the concepts of the various approaches.

### **Book Information**

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#### **Customer Reviews**

I got this for my graduate theories course- you basically speed date each theory! Well organized and goes far enough in-depth for you to get a better appreciation for each theory. My favorite is still psychoanalysis!

This is the wrong book,I'm returning it

Just as promised

Great book.

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